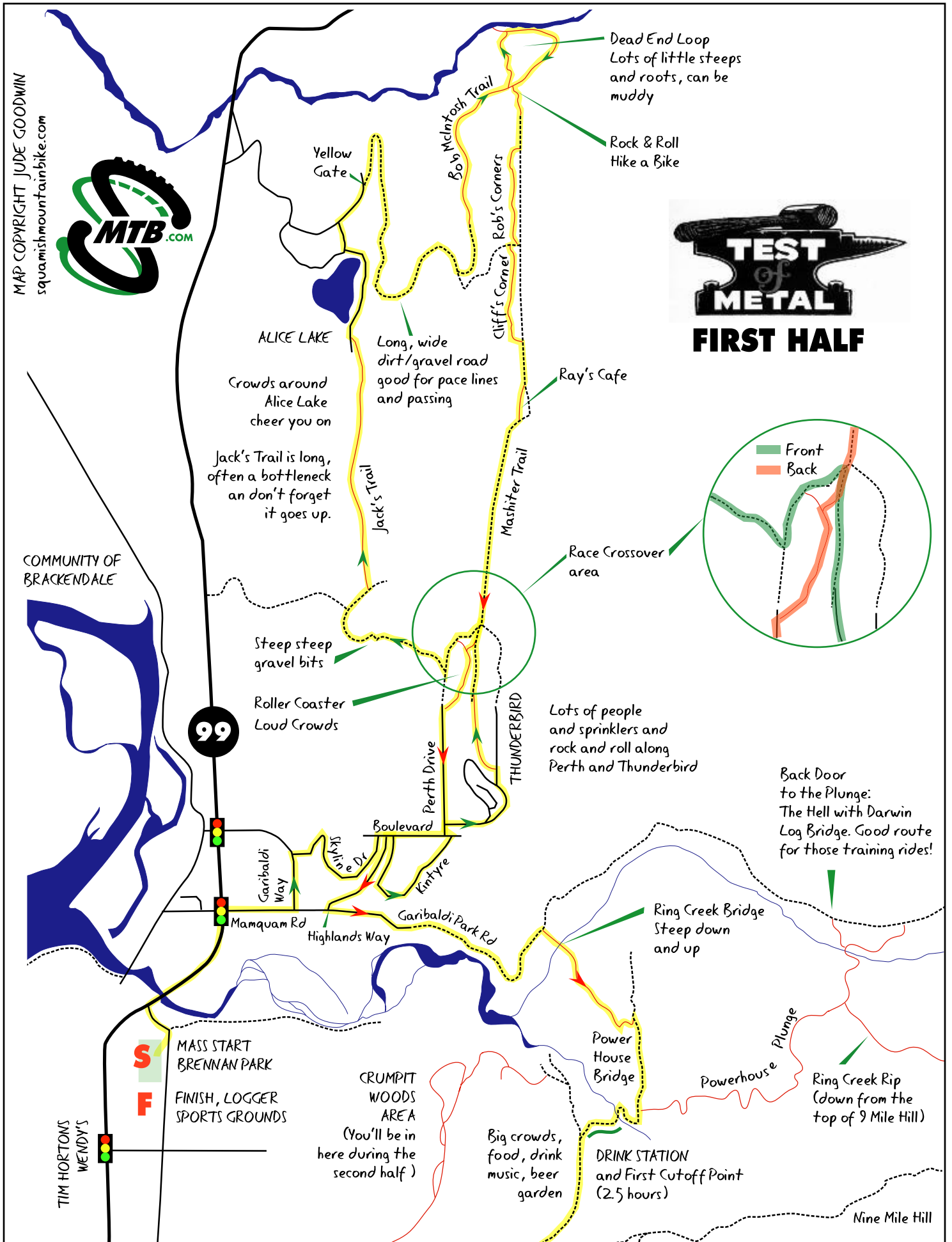


MAP COPYRIGHT JUDE GOODWIN
squawishmountainbike.com



TEST of METAL FIRST HALF



Dead End Loop
Lots of little steep
and roots, can be
muddy

Rock & Roll
Hike a Bike

Yellow Gate

Bob McIntosh Trail

Cliff's Corner
Rob's Corners

ALICE LAKE

Long, wide
dirt/gravel road
good for pace lines
and passing

Ray's Cafe

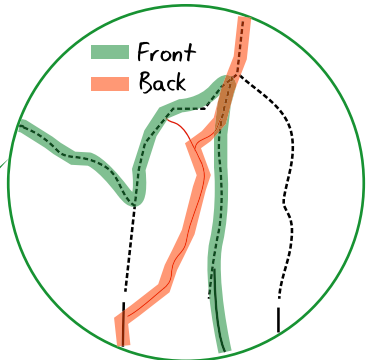
Crowds around
Alice Lake
cheer you on

Jack's Trail is long,
often a bottleneck
an don't forget
it goes up.

Jack's Trail

Mashiter Trail

Race Crossover
area



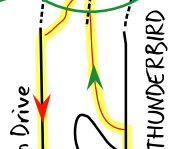
COMMUNITY OF
BRACKENDALE

Steep steep
gravel bits

Roller Coaster
Loud Crowds

99

Lots of people
and sprinklers and
rock and roll along
Perth and Thunderbird



Back Door
to the Plunge:
The Hell with Darwin
Log Bridge. Good route
for those training rides!

Perth Drive

THUNDERBIRD

Boulevard

Garibaldi
Way

Skyline Dr

Kintyre

Mamquam Rd

Highlands Way

Garibaldi Park Rd

Ring Creek Bridge
Steep down
and up

S
F
MASS START
BRENNAN PARK
FINISH, LOGGER
SPORTS GROUNDS

CRUMPIT
WOODS
AREA
(You'll be in
here during the
second half)

Big crowds,
food, drink
music, beer
garden

Power
House
Bridge

DRINK STATION
and First Cutoff Point
(2.5 hours)

Powerhouse
Plunge

Ring Creek Rip
(down from the
top of 9 Mile Hill)

TIM HORTONS
WENDY'S

Nine Mile Hill